

Your motivational map profile

# **James Officer**

- Purposeful
- Independent
- Innovative



1 August 2016 New Realities

## **Contents**

Introduction	3
The Nine Motivations Of Work	4
Executive Summary	5
Your Personal Profile	6
Your Personal Profile	6
Summary of Your Motivators	6
Range of Scores	6
Your Primary Motivator	7
Your Second Motivator	8
Your Third Motivator	9
Your Lowest Motivator	10
A Typical Story	11
Personal Motivation	13
Your Current Level of Motivation	13
Satisfaction of Your Top Three Motivators	13
Your Motivational Action Plan	14
A Final Thought	15

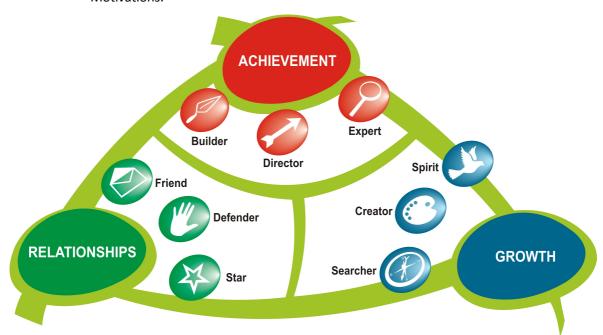
### Introduction

Your happiness and success at work is partly determined by whether or not your core 'motivations' are being met. These Motivations are not a conscious decision, but rather emerge from your self-concept, beliefs, expectations and personality. As with our purpose in life, we do not 'invent' motivations; instead, we detect them. It is vital to go with the grain of our Motivations.

This Motivational Map Profile is based on your responses to the Motivational Map Questionnaire which was completed on 1 August 2016.

The origins of the Motivational Map are based on extensive research into human motivation using three primary sources; Abraham Maslow's hierarchy of Needs, Edgar Scheins Career Anchors and the personality profiling tool the Enneagram.

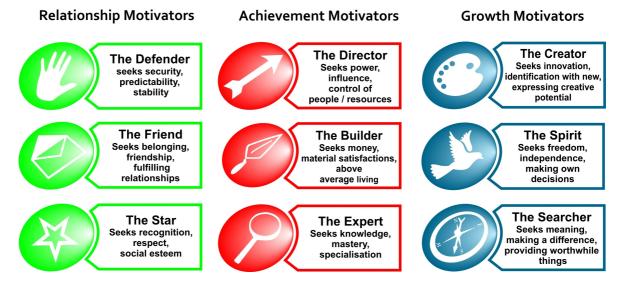
The Motivational Map comprises three cluster areas, with each of these containing three core motivations. This means that in total, there are nine core Motivations.



Usually three of these predominate, although sometimes this can vary - two may stand out, or more than three can emerge. Within your dominant three, there is one core Motivation - your work must fulfil this Motivation if there is to be any real satisfaction. It is important to identify your Motivations and to work consistently at getting more of them at the workplace. However, it is also highly likely that what you want from work, you also want from the rest of your life as well. Thus it is why examining your Motivations is of fundamental importance.

### The Nine Motivations Of Work

The Nine motivators sit within the three cluster groups, as shown in the diagram below:



These are broad groupings and are not water-tight. For example, the Expert does not necessarily have to be 'expert' solely at work - though this is where the general focus is. Clearly, it is 'easier' in some senses to obtain satisfaction from work where the Motivations are all Achievement orientated: after all, work in most places is designed to produce money (the Builder), power (the Director) and expertise (the Expert); obtaining friendship (the Friend), say, or meaning (the Searcher) is usually more problematic! The challenge for all bosses is to produce the possibility of motivating in all nine areas for all their staff.

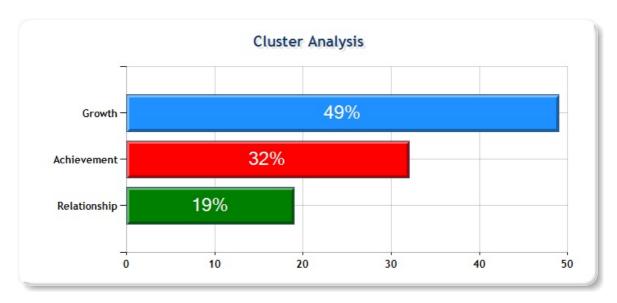
See the next page to find out your own Motivational tendencies.

## **Executive Summary**

The Absolute Strength chart measures how important each motivator cluster is set against the other two. Looking at this chart should give you a good idea of what is really important to you about being motivated at work. If the distribution of the three colours is pretty even, then you are pretty balanced: you get motivated at work through Relationships through Achievements and through personal Growth probably in equal measure.

When looking at this chart consider:

- Does one dominate?
- Is one especially weak?
- Is there a balance?



#### **Your Dominant Cluster is: Growth**

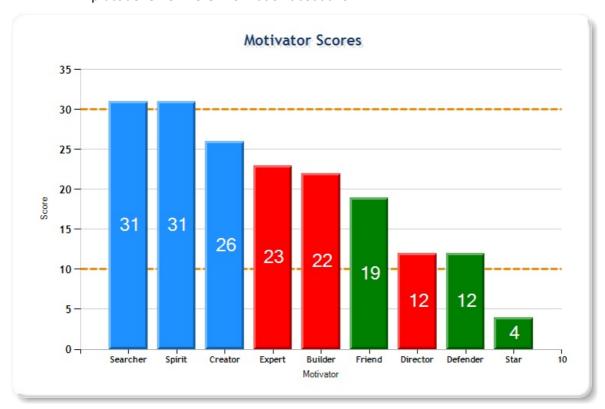
This means that your motivations primarily come from realising your full potential and being all you can be. This realisation means a new 'you' comes into being – and new involves creative change – and you want to create that change in defined areas of your work and life. Further, for this to be possible, freedom and purpose are usually essential. You prefer, then, living in the future. With such a "growth" focus, however, it can be very self-absorbing; so, are you missing out on sustainable relationships? By focusing on change and being involved with new things, on your freedom and your purposes, do you fail to finish or follow through on existing projects or in important relationships?

### **Your Personal Profile**

The bar chart below shows, in rank order, all of your nine motivators and the strength of your Motivators measured against each other.

- A score of 30+ is a 'spike' an extremely strong motivator
- A score of 10 or less indicates an "inverse spike" a weak motivator
- A score of below 5 can indicate some discomfort towards that to the Motivator where it is dominant in others

Bear in mind at all times: there is no 'better' or 'worse' Motivator or motivational score - only differences and fitness for purpose. Lower scores that are clustered together suggest balance; spikes suggest extremes. Fitness for purpose determines what might be better in a given situation. Consult your practitioner for more information about this.



## Range of Scores

The range of scores for the nine motivators provides more insight into your core motivations. The range is the difference between the highest and lowest motivational score. An average range for an individual is 8 points; however some people may have a larger range, which indicates more focus. Others may have a smaller range which indicates they are more balanced.

Your range of scores is 27 which indicates that you are totally focused in what motivates you, and satisfying your motivators above 30 points is essential if you are to be productive at work.



#### **Your Primary Motivator:**

# The Searcher

- Purposeful
- Feedback-orientated
- Quality critical

As a Searcher, your need is for meaning. The search for meaning suggests that what you want to do is or are things which are valuable for their own sake. You want to do activities that you believe in. This means that the things you do need to be important to you – not just because they make money or give status. You have to see the work as important and significant in its own right. Thus, should your activities become increasingly paper driven, this will seriously de-motivate you. Fundamentally, the searcher seeks to make a difference – to the quality of work and life. And it means one is looking for something 'better' – maybe, a 'cause' – than what one has now.

Searcher is your highest score, so you are good at identifying your own values – and looking for work that will enable you to embody them. You really want to contribute – and improve life's quality. The quest for meaning tends to make you insatiably curious - you want to see a bigger picture in the world and to go on questing for more information and ideas.

Here are some strategies you could use to improve or help to maintain your current levels of motivation:

#### **Motivation Strategies:**

# The Searcher

- Focus on how you improve communications at work: oral, written and electronic. Know that your communications are as good as they can be.
- Identify your core values and reward yourself when you consciously realise one of them.
- Be clear about your mission in life. Ask before formulating your mission: what do you want to do before you die? What do you never want to do again? What do you want to offer and contribute? How do you want to change, develop and grow?



#### **Your Second Motivator:**

# The Spirit

- Independent
- Choice-orientated
- Decisive

As a Spirit, your need is for freedom or autonomy. This means you seek to be independent and able to make key decisions for yourself. Restrictions and procedures irritate you. Take away the ability to make your own decisions - to choose - for any length of time, and you are stressed. Therefore, it's essential that autonomy be written very large in your modus operandi. Micromanagement seriously de-motivates you; having authority to proceed how you think best highly motivates you. You hate bureaucracy and boxes, and usually work best on your own. Elevated position is not as important as self-direction – you are often entrepreneurial, and 'break out'.

Here are some strategies you could use to improve or help to maintain your current levels of motivation:

#### **Motivation Strategies:**

# The Spirit

- Develop the mind-set that you are really the Managing Director or Chief Executive of your own business. Your current employer is simply your biggest client or customer.
- Seek to 'dress down' or work at home wherever and whenever possible: informality and your choice suits you best. Create a relaxed and non-formal environment for yourself.
- Conduct a Stop-Start Review of your life or your work. What do you need to stop doing? What do you need to start doing? Act on this audit.



#### **Your Third Motivator:**

## The Creator

- Innovative
- Solution-orientated
- Cutting-edge

As a Creator, your need is for creativity. This motivation is for innovation and to be identified with original output. In other words, you want your name on ... the book, the CD, the product or even the service. You are somebody who breaks barriers — brings into existence what wasn't there before. So problems, challenges and the 'new' bring out the best in you and are highly motivating — solutions mean innovations. You tend to be optimistic and can persevere in adversity. Because you solve problems, you like and feel the need for play - there is a special 'play' buzz that people get who are creative. You want that buzz in your work - if it's not there, you're not happy.

Here are some strategies you could use to improve or help to maintain your current levels of motivation:

#### **Motivation Strategies:**

## The Creator

- Take a 'sabbatical' one hour ...to ... one year and do something entirely different. Re-charge and replenish your personal batteries.
- Create a stimulating environment for yourself remember, the right side of the brain comes up with the creative ideas, and is stimulated by beauty, by nature, by music and art, and by what is unusual.
- Use Mind-storming to solve problems. Formulate a specific question
  which stimulates the imagination: e.g. "How can I become physically
  fitter in the next 6 months?" Write down 20 answers! This can lead to
  insights and solutions.



#### **Your Lowest Motivator:**

## The Star

- · Recognition-driven
- Status-orientated
- Hierarchical

Star is your lowest score, so the need to be admired and respected because of one's position is completely alien to you. Hierarchy and pecking order have little meaning or attraction to you. However, you must remember – this motivation is highly important to many other people, especially in large organisations – so avoid alienating them by slighting its importance to them. Be generous in giving praise and acknowledgement – remember, it usually costs nothing but can have a big effect. How can I be a source of recognition to others? Reflect on this question.

### Why the lowest motivator is important

Your lowest motivational score can be very revealing. The top three scores are more exciting, but noting our lowest motivator can also give useful clues about improving our motivation and our life.

First, ask the question: is my lowest motivator causing me a problem? We sometimes call this a hygiene factor, which means that the motivator does not motivate us, but its absence can lead to de-motivation. For example, imagine you are a manager, and Director is your lowest motivator – might that be a problem – needing but not wanting, to manage?

Secondly, the lowest motivator may also re-enforce all or one of your top three motivators. We call this polarity reinforcement. For example, the Creator is very change friendly – on the other hand, the Defender is change-averse. If your top motivator is Creator and your bottom is Defender you will be even more change friendly, than if you simply had Creator as number one.

Thirdly, your lowest motivator can affect how you feel about others. For example, if your lowest motivator is Star, and you are working with someone whose top motivator is Star, then it is highly likely, especially in the absence of one or two shared motivators, that you will find their 'attention' seeking behaviour, as you see and define it, extremely irritating.

Fortunately, the shared language of Motivational Maps can provide an escape route from conflict, as can the development of your self-awareness as you scan your Map!



### A Typical Story for a Searcher

The Story below is NOT your story, but a typical story depicting the Searcher type. We have found some amazing co-incidences and parallels in people's experiences when they read these typical stories. When you read the story, take from it what is relevant to you, and discard what is NOT you. Ask, what in this story applies to me, what gives me more insight into myself?

The Searcher can sometimes seem a strange paradox. There is almost a religious dimension to his quest - at root a quest for meaning. Meaning may be what The Searcher wants. Say that to any employer and they run a mile: we don't want a whacko or a philosopher on our staff, thank you very much! But that's the paradox: the seemingly 'nebulous' motivation for meaning has a curiously practical outcome. Namely, The Searcher will be passionate about making a difference. The Searcher knows that there's meaning there when she can clearly see that something has changed - some input that she has provided may have led to a superior output.

So, again paradoxically, The Searcher may often be considered by his manager as one of the most productive and important workers in the organisation. The Searcher may really make that difference.

However it was in The Searcher's last job that the power of making a difference was so clearly demonstrated on the shop floor. The Searcher had a responsible but somewhat repetitive job. His manager regularly praised him and this was good. He appreciated praise and this was necessary on a daily basis. But after a while even praise could not disguise the fact that he was bored and de-motivated.

His manager found the perfect solution. He booked a morning out to take The Searcher to visit a nearby organisation where the company product was in use. He spoke to several end-users; then received feedback from various members of staff about how the product performed and added value. What had become a disconnected and irrelevant activity - repetitive and boring - where making mistakes was not viewed as important, suddenly became a matter of huge urgency in The Searcher's thinking. He could see the end result of his efforts - and these were making a tremendous difference to a large number of other people. Motivation? It went through the roof.

Making a difference in his current role just extends the general theme of the last success: it's all about quality of life. When you make a difference, you improve the quality of life for others, or yourself, or both. In his current post The Searcher is ensuring that various objects arrive at their correct destination. And absolutely, you're right - ENSURING they go out is what The Searcher is all about. Nothing gives The Searcher more pleasure than the odd email or even postcard from some manager, confirming arrival, and offering extra information as to the impact the object has made on the recipients. Fantastic!

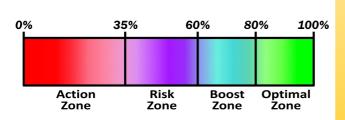
Making a difference is its own reward, as The Searcher knows. You could be President, Prime Minister, CEO or even a Voluntary worker. As long as you're making a difference, improving the quality of life, and are sure you're doing it - good feedback - you'll likely be very satisfied. The Searcher usually is.

See the next page to find out your current level of motivation.

### **Your Current Level Of Motivation**

The Personal Motivation Audit represents the extent to which you feel your top three motivators are currently being satisfied. Whilst this score can be dependent upon specific factors affecting you during the time you completed the questionnaire, it gives you a good indication of your current levels of motivation and enables you to identify the areas you will need to focus on to improve levels of motivation.

The diagram below shows the four quadrants relating to the % score for the personal motivation audit. These quadrants will help you to identify the type of action that is needed and possibly the speed of that action, to help you improve or maintain your levels of motivation.



You are currently **60%** motivated in your current role. This means that you have a declining level of motivation and find your current role not entirely satisfactory. Unless significant steps are taken to improve your motivation, there is a risk you may become de-motivated.

This score does not imply any judgement of you – be clear that motivation is independent of your personal skill set. The aim of this score is to support you in enhancing your motivation.

The graph below shows, on a scale of 1 (low) to 10 (high) the extent to which your top three motivators are being achieved as follows;



### **Your Motivational Action Plan**

When you have had the opportunity to consider this report and/or discuss it with others, think about some actions you could take to help improve your levels of motivation. Look closely at the Motivation Strategies suggested with your top three motivators. Then, use this page to write down your goals, and some actions you are going to start taking to help improve or maintain your current levels of motivation.

My Goals		
What will I do?	How will I do it?	When will I do it?

## A final thought...



We are what we repeatedly do.
Excellence, therefore is not an act, but a
habit

Aristotle



**Holistic Team Building** 

Contact: Marc at contact@holisticteambuilding.org

http://www.holisticteambuilding.org/

Tel: +44 7434 967 765

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